

12 week course fees

Tumblers

45 minutes

£66 (non member **£84**)

Gymnastics

55 minutes

£90 (non member **£102**)

Pre-Academy

2 hours

£180 (non member **£204**)

Direct Debit payments

Tumblers

45 minutes

£22.92 (non member **£29.17**)

Gymnastics

55 minutes

£31.25 (non member **£35.42**)

Pre-Academy

2 hours

£62.50 (non member **£70.83**)

Academy (invitation only)

Sessions vary from 2 to 7.5 hours

Direct Debit only, prices vary depending on length of session

For further information

If you're unsure of your child's ability, just contact our courses team to discuss.

Free recreational swimming for all children booked on to our courses at either of our centres when accompanied by a paying adult during the current course dates

Please contact:

Queen's Park Sports Centre

Boythorpe Road, Chesterfield
S40 2ND

Tel: 01246 345555

The Healthy Living Centre

Barlow Road, Staveley S43 3XR

Tel: 01246 345666

Email: Courses-
enquiries@chesterfield.gov.uk

For further information about all our course please visit our website at:

**[www.chesterfield.gov.uk/
gymnastics](http://www.chesterfield.gov.uk/gymnastics)**

Queen's Park Sports Centre

Dryside Courses

Gymnastics and Pre-School Tumblers

April 2025



CHESTERFIELD
BOROUGH COUNCIL

| Day | Time | Class | Teacher |
|--------|---------|---------------------------|---------|
| Monday | 9:00am | Little Tumblers 2-3 years | Chloe D |
| | 9:00am | Little Tumblers 2-3 years | Alex |
| | 9:45am | Little Tumblers 3+ | Chloe D |
| | 9:45am | Little Tumblers 3+ | Alex |
| | 10:30am | Little Tumblers 3+ | Chloe D |
| | 10:30am | Little Tumblers 3+ | Alex |
| | 11:30am | Tiny Tumblers U3 | Chloe D |

| Day | Time | Class | Teacher |
|---------|--------|--------------------------------|----------|
| Tuesday | 4:00pm | Beginners Gymnastics 4-5 years | Holly |
| | 4:00pm | Intermediate Gymnastics | Kieran |
| | 4:00pm | Beginners Gymnastics 5-7 years | Lorraine |
| | 5:00pm | Beginners Gymnastics 8+ | Holly |
| | 5:00pm | Intermediate Gymnastics | Kieran |
| | 5:00pm | Intermediate Gymnastics | Lorraine |
| | 5:00pm | Beginners Gymnastics 4-5 years | Chloe D |
| | 6:00pm | Intermediate Gymnastics | Natalya |
| | 6:00pm | Academy Gymnastics | Kieran |
| | 6:00pm | Academy Gymnastics | Chloe D |
| | 6:00pm | Beginners Gymnastics 8+ | Holly |
| | 7:00pm | Beginners Gymnastics 5+ | Natalya |
| | 7:00pm | Intermediate Gymnastics | Holly |

Class Descriptions

Gymnastics

Our children's courses for aged 5 to 13 years old. Children will learn skills on the floor, beam, vault and other apparatus. Our fully-qualified British Gymnastics coaches will guide your child through each stage, completing the development of core skills.

Academy

Promising young gymnasts may be invited to join our gymnastics academy and enter British Gymnastics competitions. They will be encouraged to take part in both team and individual competition events throughout the East Midlands. The academy does require full commitment from the child and support from parents as inclusion will require travelling to competitions at weekends.

We work to our own inhouse gymnastics awards scheme, designed by our own coaching team especially for those on our courses. These have been made to help give children the best start and to get them on the pathway to our competitive squad.

Class Descriptions

Tiny Tumblers: for crawlers to 3 years

Tiny Tumblers is a parent participation session that encourages social and motor skills, co-ordination, strength, flexibility and physical skills such as movement, balance and control, using some gymnastics to help physical development.

Little Tumblers: for ages 2 to 5 years

Little Tumblers gymnastics is an active way to learn. Classes include games, gentle stretching and use of gym equipment to improve co-ordination, strength and flexibility, along with important physical skills like movement, balance and control.

During all pre-school courses coaches are present to guide the session and ensure the safety of the session while children are supervised by a parent or carer.

| Day | Time | Class | Teacher |
|-----------|--------|--------------------------------|----------|
| Wednesday | 4:00pm | Beginners Gymnastics 5-7 years | Lorraine |
| | 4:00pm | Beginners Gymnastics 8+ | Natalya |
| | 4:00pm | Beginners Gymnastics 5+ | Kieran |
| | 4:00pm | Beginners Gymnastics 8+ | Chloe D |
| | 5:00pm | Intermediate Gymnastics | Lorraine |
| | 5:00pm | Beginners Gymnastics 5-7 years | Natalya |
| | 5:00pm | Beginners Gymnastics 8+ | Kieran |
| | 5:00pm | Intermediate Gymnastics | Chloe D |
| | 6:00pm | Beginners Gymnastics 5-7 years | Lorraine |
| | 6:00pm | Intermediate Gymnastics | Natalya |
| | 6:00pm | Beginners Gymnastics 8+ | Kieran |
| | 6:00pm | Intermediate Gymnastics | Chloe D |
| | 7:00pm | Advance Gymnastics | Chloe D |

| Day | Time | Class | Teacher |
|----------|---------|--------------------------------|----------|
| Thursday | 9:00am | Little Tumblers 2+ | Kieran |
| | 9:45am | Little Tumblers 3+ | Kieran |
| | 10:30am | Little Tumblers 3+ | Kieran |
| | 11:30am | Tiny Tumblers U3 | Kieran |
| | 4:00pm | Beginners Gymnastics 4-5 years | Kieran |
| | 4:00pm | Beginners Gymnastics 4-5 years | Holly |
| | 4:00pm | Beginners Gymnastics 5-7 years | Chloe D |
| | 4:30pm | Beginners Gymnastics 5+ | Natalya |
| | 4:30pm | Beginners Gymnastics 5+ | Lorraine |
| | 5:00pm | Beginners Gymnastics 8+ | Holly |
| | 5:00pm | Beginners Gymnastics Boys | Kieran |
| | 5:00pm | Intermediate Gymnastics | Chloe D |
| | 5:30pm | Beginners Gymnastics 5-7 years | Natalya |
| | 5:30pm | Intermediate Gymnastics | Lorraine |
| | 6:00pm | Beginners Gymnastics 8+ | Holly |
| | 6:00pm | Intermediate Gymnastics Boys | Kieran |
| | 6:00pm | Intermediate Gymnastics | Chloe D |
| | 6:30pm | Beginners Gymnastics 8+ | Natalya |
| | 6:30pm | Intermediate Gymnastics | Lorraine |
| | 7:00pm | Beginners Gymnastics 5-7 years | Holly |
| | 7:00pm | Advance Gymnastics | Chloe D |

| Day | Time | Class | Teacher |
|----------|---------|--------------------------------|---------|
| Saturday | 9:00am | Academy Gymnastics | Cole |
| | 9:00am | Academy Gymnastics | Kieran |
| | 9:00am | Beginners Gymnastics 5+ | Natalya |
| | 9:00am | Beginners Gymnastics 5-7 years | Leah |
| | 9:30am | Little Tumblers 2+ | Alex |
| | 10:00am | Beginners Gymnastics 4-5 years | Natalya |
| | 10:00am | Beginners Gymnastics 5-7 years | Leah |
| | 10:15am | Little Tumblers 3+ | Alex |
| | 11:00am | Beginners Gymnastics 5+ | Leah |
| | 11:00am | Beginners Gymnastics 5-7 years | Kieran |
| | 11:00am | Beginners Gymnastics 5-7 years | Natalya |
| | 11:00am | Beginners Gymnastics 8+ | Cole |
| | 11:00am | Tiny Tumblers U3 | Alex |
| | 12:30pm | Intermediate Gymnastics | Leah |
| | 12:30pm | Intermediate Gymnastics | Cole |
| | 12:30pm | Beginners Gymnastics 8+ | Kieran |
| | 12:30pm | Beginners Gymnastics 8+ | Natalya |
| | 1:30pm | Intermediate Gymnastics | Leah |
| | 1:30pm | Intermediate Gymnastics | Cole |
| | 1:30pm | Pre Academy Gymnastics | Kieran |
| | 1:30pm | Beginners Gymnastics 4-5 years | Natalya |
| | 2:30pm | Beginners Gymnastics 8+ | Natalya |
| | 2:30pm | Beginners Gymnastics 5-7 years | Leah |
| | 2:30pm | Advance Gymnastics | Cole |
| | 3:30pm | Pre Academy Gymnastics | Cole |
| | 3:30pm | Pre Academy Gymnastics | Kieran |
| | 3:30pm | Pre Academy Gymnastics | Leah |