

## Queen's Park Sports Centre - Main Pool Programme

Updated April 2025  
Programme may be subject to change at short notice.

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
<b>Monday</b>	CSC		Lanes	Swimming Lesson	General		Lanes	Outswimming Cancer		Staff Training	Swimming Lessons					
<b>Tuesday</b>	CSC		Lanes		General	Fairplay	Lanes		DCC Lessons		Swimming Lessons				Chesterfield Tri Club	
<b>Wednesday</b>	CSC		Lanes		DCC Lessons		Lanes		DCC Lessons		Swimming Lessons				Lanes	
<b>Thursday</b>	CSC		Lanes		DCC Lessons		Lanes		DCC Lessons		Swimming Lessons				Lanes	
<b>Friday</b>	CSC		Lanes		DCC Lessons		Lanes		DCC Lessons		Swimming Lessons				Lanes	
<b>Saturday</b>	CSC			Swimming Lessons	General			Lanes			Inflatable party hire					
<b>Sunday</b>					Lanes	Swim Lesson				Sunday Splash - bookable at reception	CSC					

General/Family Swimming: suitable for all and ideal for family fun sessions

Lane Swimming: suitable for all abilities, open to members and non-members

Party Hire: Have a splashing fun time when you hire out our pool for your child's birthday

Staff training: Pool closed for essential staff training exercises

Sunday Splash: fun family session aimed at those with young children. Session must be booked in advance

Swimming lessons: Available from 3 months old up to adults, contact courses-enquiries@chesterfield.gov.uk for more information

Chesterfield Swimming Club: private hire

Fairplay: private hire

Private Hire: Tuesday: Chesterfield Tri Club

Derbyshire County Council School Swimming Lessons

Quiet sessions:  
Wednesday 3pm - 4pm general/lane swim  
Saturday 8.30am - 10.30am general swim

### Our admissions policy:

Children under the age of 8 years old must be actively\* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.  
\*Be within arms reach and able to provide immediate assistance.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CFN mark

### Quiet Sessions

Our leisure centres offer quieter sessions for our swimmers. This is an opportunity to swim without music but does not guarantee silence from other users in this shared environment. These sessions can be ideal for anyone who experiences sensory overload, panic or anxiety in busy places or has an autistic spectrum condition.  
The quieter sessions may change during selected school holidays, so please check with us to avoid disappointment.

For more information on our centre and activities please visit  
[www.chesterfield.gov.uk/leisure](http://www.chesterfield.gov.uk/leisure)



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